

# **Menopausal Hormone Therapy Beyond the Media Hype: So Where Are We?**

**by James A. Simon, MD**  
George Washington University

**Thursday, January 15, 2009  
10:30 a.m. Bldg. 101/Lecture Room A**

*At the completion of this lecture the thoughtful attendee should:*

- Have a working understand of the results and implications of the major clinical trials on hormone therapy (PEPI, HERS, WHI, etc.) including the strengths and weakness of each trial's design
- Understand how the media failed to put the results (see bullet point immediately above) in a context that was accessible to most patients (and some practitioners), and in some cases inaccurately reported on important study endpoints leading to unnecessary confusion
- Be able to provide an improved working perspective against which to view the benefits and risks of hormone therapy with an eye toward better patient care.



Dr. Simon is Clinical Professor of Obstetrics and Gynecology at the George Washington University in Washington, D.C. Dr. Simon maintains a private practice of reproductive endocrinology and infertility located at 1850 M St., NW, Washington, D.C. Dr. Simon is certified by the American Board of Obstetrics and Gynecology in both obstetrics and gynecology, and reproductive endocrinology and infertility. He is also certified by the International Society for Clinical Densitometry (ISCD) and directs a bone densitometry center.